



Price List April 2025

MONU FACIALS

Tailor-made to suit your skin, using the best ingredients derived from plants, flowers, and the most natural sources with over 35 years' experience in blending plant extracts.

Express Facial	30 mins	£30.00
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Revive with a cleanse, tone, and exfoliation then mask followed with scalp, hand and arm or foot massage to relax you. Jade rollers can be used to push products into skin,

Aromatic Facial	60 mins	£45.00
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Revive with a cleanse, tone and exfoliation followed by a 20 min face, neck, and shoulder massage, mask followed by a scalp, hand and arm massage or foot massage to relax you.

Add Steam	15 mins	£5.00
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Add steam to your cleanse with extractions of blackheads on the congested areas of your face.

HOT STONES MASSAGE

Soothing massage using basalt stones to work deeply into the knots. Aids relaxation and calms the mind and body. Includes heated wheat bag if required.

Back Massage	30 mins	£35.00
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Chair Massage	20 mins	£20.00
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Aromatherapy Massage	60 mins	£50.00
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TRADITIONAL MANICURES

Express Manicure	30 mins	£20.00
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Includes filing of the nails followed by cuticle tidy up, and normal polish paint of your choice.

Luxury Manicure	60 mins	£30.00
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Filing of nails followed by nail soak and cuticle tidy, relaxing hand massage and paint.

File & Polish (hands)	30 mins	£15.00
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Trim and file, tidy and normal polish paint of your choice (£10.00 if booked regularly).

Cut & File (hands)	20 mins	£12.00
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TRADITIONAL PEDICURES

Express Pedicure	30 mins	£25.00
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Trim and file, followed by cuticle tidy, foot massage and normal polish paint of your choice.

Luxury Pedicure	60 mins	£40.00
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Feet are soaked before applying a scrub before cuticles are pushed back and nails trimmed and filed. A foot file is used to remove hard skin, a relaxing foot massage is carried out before a normal polish paint of your choice.

File & Polish (feet)	30 mins	£15.00
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Trim and file, tidy and normal polish paint of your choice. Please bring flip flops to allow to dry.

Cut & File (feet)	30 mins	from £15.00
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GEL POLISH MANICURES

Express Gel Manicure	30 mins	£25.00
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Luxury Gel Manicure	60 mins	£30.00
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GEL POLISH PEDICURES

Express Gel Pedicure	30 mins	£25.00
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Luxury Gel Pedicure	60 mins	£40.00
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Gel Removal (soak-off)	30 mins	£10.00 hands or feet.
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BODY TREATMENTS

Coconut Conditioning Ritual 60 mins

£55.00 (with zesty lime & coconut)

Begins with dry body brushing following with warm coconut oil applied to the skin to nourish and condition. You are then wrapped in a foil blanket while a luxurious cleanse of the face and neck is carried out with Monu cleansing balm and a hot compress is applied. The shoulders and scalp are then massaged. The treatment finishes with a 10 min relaxing back massage to ease tension.

WAXING

Half Leg wax	30 mins	£15.00
Full Leg wax	45 mins	£30.00
Half Leg & bikini line wax	45 mins	£25.00
Full Leg & bikini line wax	60 mins	£35.00
Underarm wax	15 mins	£10.00
Bikini line wax	15 mins	£10.00
High Bikini line wax	30 mins	£15.00
Eyebrow wax	15 mins	£10.00
Lip or Chin wax	15 mins	£10.00
Forearm wax	30 mins	£15.00

EYE TREATMENTS

Eyelash Tint	30 mins	£15.00
Eyebrow Tint	15 mins	£10.00
Lash & Brow Tint	30 mins	£20.00
Lash Lift & Tint	60 mins	£42.00

Please Note: A patch test required 24 hours before all tinting and lifting treatments.

Please note: There is a minimum £10.00 call-out fee for mobile treatments in Cardiff. There is a larger fee for any treatments outside of a 10-mile radius of Llanedeyrn and Pentywn in the Cardiff area. Please ask for more information.